

**HEALTH EDUCATION & EXEMPTION FROM INSTRUCTION**

Consistent with state law and Education Department requirements, health and physical education, including, instruction about parts of the body, reproduction, sexuality education, human immunodeficiency virus (HIV)/acquired immunodeficiency syndrome (AIDS) and related topics, will be included in the instructional program. Sexuality education shall include instruction relative to abstinence and sexually transmitted infections.

Instruction must be appropriate to grade level, course of study, and development of students and must occur in a systematic manner. The Superintendent will require that faculty members who present this instruction receive continuing in-service training, which includes appropriate teaching strategies and techniques.

Parents and legal guardians shall be notified by e-mail, other written means, website/social media postings or phone call, not less than two (2) weeks in advance of use of the curriculum course material to be used for instruction of human sexuality or human sexual education. Such notice will be delivered via email, other direct written means, website/social media posting, or phone call. To the extent practicable, a school district shall make curriculum course materials available to parents or legal guardians for review upon request. Accordingly, the notice will identify and provide contact information for the Principal or other staff member a parent or guardian should contact to arrange an opportunity to inspect the curriculum course material.

***Opt-Out Procedure and Form***

Parents, legal guardians, or students over eighteen years of age, who do not want their child to participate in a particular unit of health or sex education instruction for religious reasons or religious objections, are allowed to have their child opt-out of such instruction.

Parents or legal guardians who do not want their child to participate in a particular unit of health or sexual education or for religious reasons must complete a Health and Sex Education Exemption/Objectionable Course

Material: Opt-Out Form. Opt-Out Forms are available from either the health education teacher or the Principal. Opt-out requests must be submitted annually and are valid only for the school year in which they are submitted.

Any student who is exempted by request of the parent or legal guardian under this policy may be given an alternative assignment sufficient to meet state requirements for health education. The alternative assignment will be provided by the health or physical education teacher in conjunction with the Principal.

In accordance with the Federal Protection of Pupil Rights Amendment, as a School District that receives Federal Department of Education funds, the Superintendent shall develop procedures to allow the parent or legal guardian of a student to inspect any instructional material used as part of the educational curriculum for the student. The procedures will provide reasonable access to instructional material within a reasonable period of time after the request is received.

**GOFFSTOWN SCHOOL DISTRICT**

**IHAM**

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(Continued)**

**Legal References:**

20 U.S.C §1232h, (c)(1)(C), Protection of Pupil Rights  
RSA 186:11, IX, Instruction as to Intoxicants and Sexually Transmitted Diseases  
RSA 186:11, IX-b, Health and Sex Education  
RSA 186:11, IX-c, Objectionable Course Material  
RSA 186:11, IX-e Notice to Parents/Guardian Required  
NH Code of Administrative Rules, Section Ed 306.40, Health Education Program  
NH Code of Administrative Rules, Section Ed 306.41, Physical Education Program

Proposed: 05/26/1992  
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